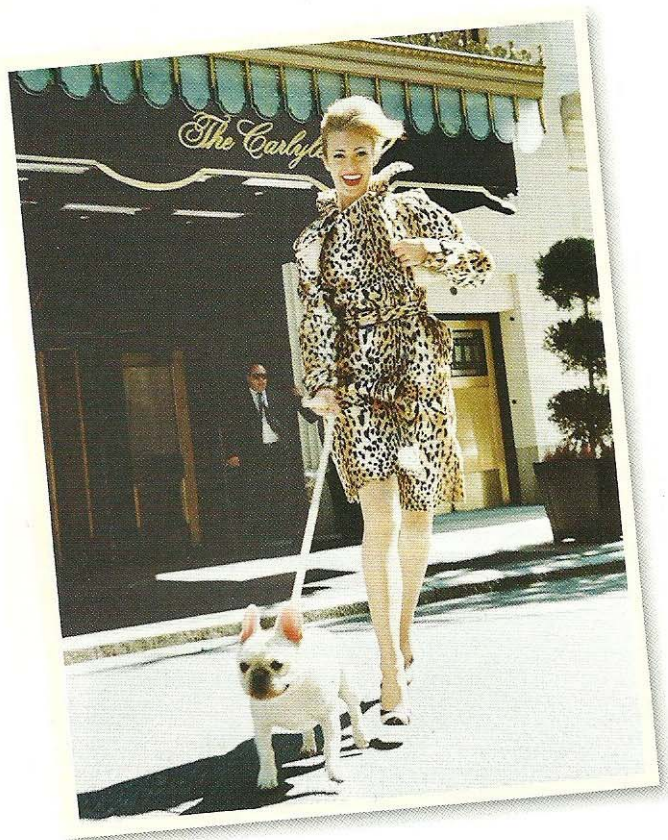




Postcards from

From Hollywood's A-list facelifts to Brazil's brilliant body work, Wendy Lewis uncovers



NEW YORK

When it comes to looking polished and groomed, Manhattanites are the world's professionals. Botox and fillers are viewed as necessities – and a skilful surgeon's phone number is a hot commodity rather than a secret. Jet in for quick, slick services that require minimum downtime.

STAR SURGEONS

Dr Sam Rizk (tel: 001 212 452 3362; drsamrizk.com) is the director of Manhattan Facial Plastic Surgery, a state-of-the-art practice on Park Avenue. It has a covert, Bond-like feel, with its own super-discreet operating theatre and multilingual staff. Rizk's methods are light years ahead of his peers' – he specialises in rapid-recovery facelifts with undetectable scars. 'I redistribute fat from the jowls back up to where it belongs on the cheekbones,' he says. He pioneered the use of a high-definition, 3D-telescope system, with which he looks at face and neck muscles through small hairline and ear incisions. He uses a special tissue glue (a medical sealant) instead of stitches to close his incisions, so there is much less bruising and swelling. Neck- and facelifts cost from £9,681.